



Alba View Equestrian
'Learn to Ride'

HORSE MAD GANG 2019



What To Wear:

- Jodhpurs: recommended; however, a comfortable pair of leggings or jeans is okay.
- Riding Boots: recommended; however, a pair of closed in shoes is okay.
- Hat: to wear when not riding.
- Sunscreen: lots of it and bring a tube with you.
- Lip Balm: to prevent wind burn when riding.

What To Bring:

- Water Bottle: this can be refilled at the school
- Lunch: if you like to snack, bring that too 😊 horse riding certainly builds up an appetite
- Notepad & Pen: for theory lessons

Safety, Safety, Safety

If you have committed for a school term or regular riding lessons then it will become necessary to acquire a pair Jodhpurs, Riding Boots and your own Helmet. This activity specific clothing will make Horse Riding that much more comfortable and allow you or your child to become accustomed to wearing the proper fitted attire. When you are ready, we will be happy to steer you in the right direction on wear to purchase. Additional points before riding, all long hair must be tied back and no jewellery is to be worn.

What To Expect:

Your day will always start with grooming your horse and helping/learning to correctly and safely tack up. Groups will then be split into horse care and horse riding lessons and alternate throughout the day. If the weather is rainy we will use this time to go over our horse theory lessons until it has cleared. Alternatively, we always monitor the heat and how long the groups and horses have been out in the arena for. We use theory lessons also to utilize breaks when the temperature is too high. At the end of each day we will unsaddle, wash and feed our horses, making sure they are all happy and content. This helps build a bond between rider and horse that will carry over to the next lesson and so forth.

Let's Get Started

As the weeks and terms go on you will start to realise how we never stop learning about horses and riding. Having the opportunity to be around 16 horses of all shapes sizes and breeds will give you a great start to your horsey knowledge bank. Look forward to seeing at the next Horse Mad Gang.

😊 Tania